



2017 PAL SPRING TRACK & FIELD

AGES: 5 – 15

All kids are welcome

FEE: \$65.00 first child

\$40.00 for each additional child

Track Shirt included.

Practice at Bethpage High School

Monday & Thursday Evenings 6:30pm to 7:30pm

Meets Saturdays 8am - 12:00pm

At Mitchell Field athletic complex in Uniondale.

ONLINE REGISTRATION:

BETHPAGEPAL.COM

If you would like to get involved and have front row seats at your child's meets sign up to be a coach. We always need help at practices and meets. The more coaches we have the more kids can participate in the program.

For additional information

Email: BethpagePALTrack@gmail.com

[BETHPAGE P.A.L. 516-942-4788 /BETHPAGEPAL@OPTONLINE.NET](http://BETHPAGE.P.A.L.516-942-4788/BETHPAGEPAL@OPTONLINE.NET)