



Ready to take the next step in your swimming career?

Take the plunge and join the Bethpage PAL Barracudas Swim Club!

## BBSC Tryouts

Tuesday, August 8, 7-8:30 AM

Wednesday, August 9, 7-8:30 AM

Thursday, August 10, 7-8:30 AM

Friday, August 11, 7-8:30 AM

All tryouts will be held at the Bethpage Community Park Pool, Stewart Avenue, Bethpage next to the Town of Oyster Bay Ice Skating Rink

1001 Stewart Avenue, Bethpage, 11714

## Tryout Format

BBSC Coaches will evaluate each swimmer individually.

Swimmers should be prepared to demonstrate the four competitive strokes.

You will be evaluated on both speed and technique.

Swimmers only need to attend ONE day of tryouts.

Please arrive promptly at the start time.

**If you are interested in trying out please send an email to [bbscaccounts@verizon.net](mailto:bbscaccounts@verizon.net) with the following information:**

- 1) Name**
- 2) Age**
- 3) Gender**
- 4) Previous swimming experience**
- 5) Date of planned tryout**

*Are you Barracuda tough?*  
[www.bethpageswimming.com](http://www.bethpageswimming.com)

**If you have any further questions you can send an email to the same email address.**